

Detox Symptoms are Often What Medical Folks Call Disease

Filed Under [Body Alkaline](#), [Natural Solutions](#), [Nutrition](#)



(NaturalNews) People who understand body cleansing, understand what detoxification symptoms are. Medical professionals understand the symptoms that make up what we call disease. But the odd thing is that most detoxification symptoms are also the symptoms used to detect a disease.

If you think about that for a minute, what does it really tell you? The truth is: When we have a problem in the body, the body tries to detoxify itself to remove the problem. That is why we experience detoxification symptoms in the presence of a problem. Yet, your doctor will often call the presence of these symptoms the problem, without understanding what the body is trying to do about the problem.

It's true: Detoxification symptoms often look like what we call disease.

They can take the form of fevers (toxins trying to leave through the skin), headaches (too many toxins in the bloodstream), acne (toxins trying to make it out through the skin), tiredness (toxins in the blood), sneezing (toxins trying to make their way out through your nose at 95 miles per hour), coughing (toxins trying to get out of our lungs), vomiting (toxins leaving the body through the stomach), diarrhea (toxins exiting the body in mass through the bowel), rashes (toxins attempting to leave through the skin)... The list really goes on and on.

When we see these symptoms most people think that they are sick, even though it is by removing these toxins that our bodies are trying to make us well. In fact, most all of the swine flu symptoms are actually detoxification symptoms. If you start looking at many disease symptoms through this new lens, you'll be amazed at what you find.

When you understand this, the obvious answer to disease is really to detoxify the body and help the body along with its natural disease elimination methods.

But, because most of the population doesn't currently understand what detoxification symptoms are, when the detoxification symptoms occur, much of the population heads to a drug-oriented doctor, who also doesn't understand detoxification symptoms. The doctor confirms that they are sick, and then puts them on some sort of drug that is designed to stop the symptoms.

But, what those drugs really do is stop the detoxification process and bury the toxicity (the original problem) in the body, where it will often creep back up later. When it creeps back up, it will be seen as another and often more serious problem.

So, with drug therapies, you may feel better initially because you've stopped the detoxification process, but you'll feel worse later. Actually, you'll likely become the target of more serious diseases, without understanding how you and your doctors played a role in the process.

http://www.naturalnews.com/026783_toxins_detoxification_disease.html